Bullet Journals
Go Analog and Get Organized
<table>
<thead>
<tr>
<th>Wall Street Journal</th>
<th>Real Simple</th>
<th>Stylist</th>
</tr>
</thead>
<tbody>
<tr>
<td>Los Angeles Times</td>
<td>Martha Stewart</td>
<td>Well + Good</td>
</tr>
<tr>
<td>Bloomberg</td>
<td>Marie Claire</td>
<td>Runners World</td>
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<tr>
<td>Fast Co</td>
<td>The Independent</td>
<td>The Kitchn</td>
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<tr>
<td>Quartz</td>
<td>Lifehacker</td>
<td>Fashion Monitor</td>
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<tr>
<td>BBC</td>
<td>Evernote Blog</td>
<td>The Elite Daily</td>
</tr>
<tr>
<td>The New Republic</td>
<td>Lifehack</td>
<td>The Evening Standard</td>
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<tr>
<td>Vogue</td>
<td>Shape Magazine</td>
<td>Philly Voice</td>
</tr>
<tr>
<td>Buzzfeed</td>
<td>Slate</td>
<td>Experience Life</td>
</tr>
<tr>
<td>New York Magazine</td>
<td>Popular Science</td>
<td>Magazine</td>
</tr>
<tr>
<td>Inc</td>
<td>Bustle</td>
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#bulletjournal
1,459,891 posts

#bujo
1,094,391 posts
Productivity
“Digital overload is a real and growing concern. A 2010 study by the University of California at San Diego suggests we consume nearly three times as much information as we did the 1960s.”

“Why paper is the real ‘killer app’” - BBC.com, 1/23/17
“Your mind is precious real estate — most people can only pay attention to three or four things at a time — and transferring your to-dos frees up space for other, more immediate needs.”

“The Bullet Journal Works Because It Soothes Your Panicky Mind” - NYMag.com, 8/9/16
How to Bullet Journal

Track the past. Organize the present. Plan for the future.
Index = Table of Contents
January

- 1 Join Gym
  o 11 Adulting 101

February

- 14 Valentine’s Day
  o 28 Mom’s Birthday

March

- 8 Adulting 101: Housekeeping
  - 24 Spring Break

April

- 1 Easter
- 15 Cancel Gym Membership

May

o 10 Adulting 101: Hair/Make-up
o 31 Jess’s wedding

June

- 17 Father’s Day Dinner
o 21-26 ALA Conference!

Future Log = Yearly Overview
Future Log: 1-4
January
1   M    Join Gym
2   T
3   W
4   T
5   F
6   S
7   S
8   M
9   T
10  W
11  T
12  F
13  S
14  S
15  M
16  T
17  W
18  T
19  F
20  S
21  S
22  M
23  T
24  W
25  T
26  F
27  S
28  S
29  M
30  T
31  W

January
• Finish Book Club Books
• Bullet Journal presentation
• Order Mom’s Birthday Gift
• Plan Work Out Schedule
• Put Away Christmas Gifts

Monthly Log
Index

Future Log: 1-4
January: 5
January 11

- Adulting 101 Presentation
  - Confirm Speaker for Thursday
  - E-mail Michelle
  - Order February Books
  - Pick next Book Party Book
    - Didn’t work out last week
    - I can’t get the Game of Thrones theme song out of my head
“Note-taking and traditional journaling take time; the more complex the entry, the more effort is expended. The more effort expended, the more of a chore it becomes, the more likely you’ll underutilize or abandon your journal. **Rapid Logging** is the solution.”
Key

- Event
  - Task
    - Note
January 11

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* Priority

! Great ideas and genius insight
January 11

- Adulting 101 Presentation
  * Confirm Speaker for Thursday
  * E-mail Michelle
  * Order February Books
  * Pick next Book Party Book
  - Didn’t work out last week
  - I can’t get the Game of Thrones theme song out of my head.

January 12

- Dinner with Greg
  * Recap Adulting w/Michelle
  * Continue February Book Orders

January 13

- Brunch with the Girls
  * Work Out

January 14

- RIP Alan Rickman Anniversary
- Watch Sense and Sensibility
- Grocery Shopping
- Laundry
Key

0 Event
• Task
  – Note
* Priority
! Great Idea
“Tip: Don’t set up Daily Logs way ahead of time. Create them as you go or the night before. You never know how much space you may need any given day.”

BulletJournal.com
January 22

- Doctor's Appointment
- Weed Fiction
- E-mail The Emory
- Order February Books
- Pick next Book Party Book

- Worked out twice, I’m on a roll
- Season 1 of Game of Thrones is so much better the second time!

January 23

- Ladies Supper Club @ my house
  - Order book club book
  - Continue February Book Orders

January 24

- Technology Committee Meeting
  - Work Out

January 25

- Snowed 4 inches
- February Schedule Requests
- Grocery Shopping
- Laundry

Migrating
January 22

- Doctor’s Appointment
- Weed Fiction
X E-mail The Emory
- Order February Books
X Pick next Book Party Book

X Worked out twice, I’m on a roll
X Season 1 of Game of Thrones is so much better the second time!

January 23

- Ladies Supper Club @ my house
X Order book club book
> Continue February Book Orders

January 24

- Technology Committee Meeting
- Work Out

January 28

- Snowed 4 inches
X February Schedule Requests
> Grocery Shopping
- Laundry

Migrating

• Task x Task Complete < Task Scheduled > Task Migrated
February

1  T
2  F
3  S
4  S
5  M
6  T
7  W
8  T  Mom's Birthday
9  F
10 S
11 S
12 M
13 T
14 W  Valentine's Day
15 T
16 F
17 S
18 S
19 M
20 T
21 W
22 T
23 F
24 S
25 S
26 M
27 T
28 W

February

- Finish February Book Orders
- Plan Gym Routine
- Valentine’s Dinner Date location
- Oil Change
- Mom’s Birthday Plans
“It may seem like a lot of effort to have to rewrite items over and over, but that’s intentional. This process makes you pause and consider each item. If an entry isn’t even worth the effort to rewrite it, then it’s probably not that important. Get rid of it.”

BulletJournal.com
Books to Read

- Manhattan Beach - Egan
- The Hate You Give - Thomas
- Little Fires Everywhere - Ng
- Turtles All the Way Down - Green
- Ministry of Utmost Happiness - Roy
- The Book of Dust - Pullman
- Goodbye, Vitamin - Khong
- The Sun and her Flowers - Kaur
- Fierce Kingdom - Phillips
- My Favorite Thing is Monsters - Ferris
Creativity & Customization
“It’s not you do you, and it’s not do whatever. The idea is do what works for you. This isn’t a platitude. The operative word is work.”

Ryder Carroll, Bullet Journal creator
“The best way to Bullet Journal is to try things out and see what’s more effective, what is impactful, what actually works for you.”

Ryder Carroll, Bullet Journal creator
MOVIES TO WATCH

- Suicide Squad
- Bridget Jones 3
- Alice in Wonderland
- Criminal
- Florence Foster Jenkins
- Infiltrator
- La Nuit de Paul Shejder
- Joy
- Life of Crime
- Miss Peregrine's Home for Peculiar Children
- Peter et Elliott
- Suspicion
- Un Petit Boulot
- USS Indianapolis: War Story
- Under Pressure
- Vicky
- Inferno
- Brice de Nice
10/19, Monday
- Book Donations
- Meeting room - where do I leave off?
- Eve - program checklist
- Book Club info, clean up, more places?

10/20, Tuesday
- Delivery
- Eve - prog checklist
- Book Club info
  - Building Monitors Re: MLA day
- New Books
  - Meeting room - Never ends

10/22/2015 Thursday
- Update meeting room files on Ref computer
- Send files to be uploaded to website → Ed
- Subs - Novembere
- Cam Grandma
- Walk 30 minutes
- Ultimate Warrior

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Book Reading Schedule

10/15  The Remains of the Day
  Saga Vol. 5
  Harry Potter & the Order of the Phoenix
11/18  The Farm by Tom Rob Smith
11/19  The Ha-Ha by David King
12/2015 Why Not Me? - Mindy Kalan
  Harry Potter and the Order of the Phoenix - J.K. Rowling
1/14/16  Little Heathens - Fireside Book
1/20/16  Watchmen - Book Party
  Alan Moore
**Monday**

October 17th

- BPM Therapy - change address
- Agenda for staff meeting
  - W/ behavior policy / birthdays?
- Finish up board reports
  - talk to Jkeysee
- Hoopla v. 00 on board agenda
- Top 5 pieces for wish list
- DIB (? maybe)
- BCBS - Appeal Form
  - What's in our cleaning policy?
  - Call Konica local office - buy out?
- Check DTE account
  - got new check?
  - DTE updated statement?

**Tuesday**

- DTE Bill
- Bug Ashley Again :(
- Talk to Jkeysee
- Cleaning Contract?
- Call Konica - ec: Buy out
- Wish list discussion - 4:00 pm
- Periodical budget
  - Audit Uploads
  - Adult Book Club Flyer
  - Race & Culture Flyer
  - Wetmore's $ &
  - Book Party post - we got books!

**Wednesday**

- Run!
  - 7:30 pm LSC @ Maranda's
  - make Rice Krispie Treats
- DTV debate
  - DTE
  - Board
    - Try Assessment Data
    - Fund Balance
    - Audit Uploads
    - Tech Wishlist
    - Staff Meeting
    - TLN committee
- Cat book for Pat.
- Halloween Signs
- Michelle / Elissa start next week / paperwork stuff!

**Thursday**

- 12 pm - Dentist
- 6:30 pm - Board Meeting
  - Board Staff
  - X DTE report
  - X Tech Wishlist
  - X Tax Assessment / Fund Balance Report
  - Audit uploads
  - ICMA - Jordan
  - Calendar
  - Newsletter
  - Following up about display case.
**OCTOBER**

**THIS WEEK**
- 2 - Dinner w/ Denys
- 5 - LSC
- 7 - Jeffrey Eugenides!

**NEXT WEEK**
- All Week - Greg in Cleveland
- 9
- 12
- 13 - Hair @ 3pm, wedding w/ Greg @ 6:30pm
- 14
- 15

**MON**
- 2 Oct - TN Adult Services @ MPL
- Desk: 3-5 pm
- Weed
- Mileage
- Return dumb fire pit strap
- Pop Culture Book club
- Walk

**TUES**
- 3 Oct - 39°
- Desk
- Dinner @ Pope! w/ Denys
- Program Plans
- Adulthood
- Reading Culver
- Bank ordering - October Again
  - XPV
  - LP
  - XLO
  - XURB
  - RF
  - Outreach
  - TN Meeting Dates
  - Author List

**WED**
- 4 Oct - 39°
- Desk: 4-7 pm
- Outreach
- Groceries for LSC
- Still need poke chups
- Walk

**THURS**
- 5 Oct - 35°
- Desk: 4-6 pm
- LSC @ Jess's
- Staff Meeting
- Grocery Store!
- weed

**FRI**
- 6 Oct - 56°
- Desk: 2-5 pm
- Timesheet due
- Weeding

**SAT**
- 7 SAT - 29°
- 8 Sun - 36°
- 1 pm - Ann Arbor Day
  - 6:30 pm - Jeffrey Eugenides

- Outfit for wedding
Special Thank you to Shannon Downey for letting me borrow her presentation.